



# JUMPSTART YOUR JANUARY MENU

## BUILD YOUR SALAD 14

mixed greens & romaine

### SELECT YOUR TOPPINGS

cucumbers  
tomatoes  
pickled onions  
broccoli  
beets  
roasted corn  
sunflower seeds  
croutons  
shredded cheddar or feta  
avocado +2  
bacon +2  
white anchovies +3

### PROTEIN OPTIONS

8 oz steak +19  
5 oz crab cake +21  
shrimp +9  
chicken breast +9  
6 oz seared salmon +13  
beyond burger +9

### DRESSING

house vinaigrette  
citrus vinaigrette  
Caesar dressing  
ranch dressing

## KETO & PALEO FRIENDLY

SELECT YOUR PROTEIN

**DRY RUB STEAK** G 32

**SEARED SALMON** G 28

**ROASTED CHICKEN** G 29

**CRAB CAKE** G 33

**SOBO BURGER** G 18

bacon, cheddar cheese, roasted tomatoes, lettuce  
ADD: fried egg 2 avocado 2 gluten-free roll 2.5

**BEYOND BURGER** G V 18

cheddar cheese, roasted tomatoes, lettuce

SELECT TWO SIDES

**GREEN SALAD** G VE

**ROASTED BRUSSELS SPROUTS** G VE

**ROASTED BROCCOLI** G VE

**ROASTED POTATOES** G VE

## DRY JANUARY MOCKTAILS

**HOT TODDY** 8

honey simple syrup, lemon, winter spices

**WINTER TART** 8

grapefruit juice, lime juice, simple syrup, angostura bitters

**CRANBERRY GINGER FIZZ** 8

cranberry juice, lemon juice, honey simple syrup, ginger beer